

Traditional Okinawa Ryu Karate Do Shuri Te Seibukan Terminologies

Listed are the frequent terminologies that you will first hear within our traditional dojo, at times these words and expressions can be written in a different way, however these variations will be explained, as you progress in your traditional martial art.

without doubt one of the best ways of understanding an oriental form of martial art which viewed as a form of self discipline, is to begin to orientalise your mind, learning, and understanding the traditional terminologies; protocols and philosophies are a good place to begin your study.

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Formalities: Dojo Courtesies

- Domo Arigato-Gozaimashita...Thankyou Very Much
- Dozo.....Please (do this)
- Konba WA.Good Evening
- Konnich wa.....Good Afternoon
- Ohayo-gozaimasu.....Good Morning
- Seiza.....Formal Sitting Position
- Mokuso.....Meditation, Eyes closed.
- Ritsuzen.....Standing Meditation
- Tate.....Stand Up
- Rei.....Formal Bow
- Sensei- Ni.....Face Sensei
- Shomen Ni.....Face Front
- Tachi ReiStanding Bow

Vocabulary:

- Budo.....Martial Art Way
- Chi (Ki).....Inner Strength
- Chudan.....Middle Area
- Dan.....Black Belt Grade
- Do.....Do/Way
- Dojo.....Place of one's Enlightenment.
- Jodan.....Head Area
- Gedan.....Lower Area
- Gi.....Training Suit
- Hai..... Yes
- Hajime.....Begin
- Hidari.....Left
- Migi.....Right
- Mawatte.....Turn
- Iee Iie.....No
- Yame.....Stop
- Yoi.....Ready
- Ki-Ai.....Energy that Creates Ki
- Kohai.....Student
- Kun.....Oath
- Kyu.....Student Grade (Coloured Belt)
- Obi.....Belt
- Ren ma.....Always polishing
- Ryu...the School of thought, the flow of Knowledge.
- Shihan Sensei.....Master Teacher 5th Dan above
- Kyoshi Sensei.....Most Senior Sensei (Advanced)
- Sensei.....Teacher A Title of Respect.
- Sempai.....Higher Grade (One's Senior)
- Shin.....Mind
- Sen.....Timing
- Te.....Hand
- Tanden..... A point below Navel Area
- Tate.....To Sit or Stand Up.

NUMBERS - Banjo

1. Ichi
2. Ni
3. San
4. Yon or Shi
5. Go
6. Roku
7. Shichi
8. Hachi
9. Ku
10. Ju

Colours Iro

White: Shiroi

Orange: Orenji

Green: Midori

Blue: Aoi

Purple: Murasaki

Brown: Chairō

Black: Kuroi

Red: Akai

Yudansha – Dan Grades: (Black Belt)

Shodan 1st

Nidan 2nd

Sandan 3rd

Yodan 4th

Godan 5th

Rokudan 6th

Nanadan 7th

Hachidan 8th

Kudan 9th

Judan 10th

OKINAWA RYU KARATE DO SHURI TE **TERMINOLOGIES**

- Ato Tsugi.....Successor
- Antei Balance
- Ashi Waza.....Foot and Leg Techniques
- Atemi – JutsuArt of Vital point striking
- ChikaraStrength
- Embusen.....Line Movement within Kata
- Kaisai.....Hidden Kata Techniques
- KensetsuBody Joints. (Joints of the body)
- Kobujutsu...Old weapon arts of Okinawa
- Kokoro..... Intention of heart, mind and spirit
- Ne Waza Ground Techniques
- Ma Distance
- Mizu no Kokoro.. Mind like water, a calm mind.
- Okyaku -San Visitor, a guest
- Pinan Katas (Heian)...Yusutsune Itosu.
- Ren Ma..... Always Polishing
- Shomei Front area of Dojo.
- Sen.....Timing.
- Soji... Cleaning of Dojo,before and after class
- Taiso Formal Martial Art Exercise
- Tsuru Ashi DachiCrane Stance
- TuiteThe grappling art in traditional Okinawa Ryu Karate Do Shuri Te.
- ZanshinSpirit that remains, total awareness